

Parenting Group:

covers parenting confidence, physical activity for children, family lifestyle habits, enjoying life as a family! All FREE



Programme Available

- Tuesday Evening
- 7.30pm-9pm
- St Edburg's School Library Kingsmere

- Session 1-4

- 1st, 8th, 15th, 22nd October

- Half term Break

- Session 5-8
- 5th, 12th, 19th, 26th November

A great start for babies and young children

Contact Mandy Bentley MA QTLS

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ASAP to reserve your place.



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